
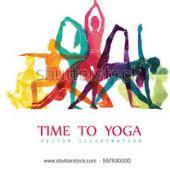
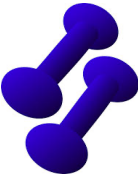



# Central Baptist Church Fitness Calendar

## July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 9:00 M/I Core (Allie)  6:00 M/I Pump (Erin)	<b>2</b> 9:00 TB/FB (Beth) 10:30 FF (Linda)	<b>3</b>
<b>4</b> 	<b>5</b> <b>FLC Closed</b>	<b>6</b> 9:00 Turbo Kick (Allie)  6:00 Yoga (Amy)	<b>7</b> 9:00 Yoga (Amy)	<b>8</b> 9:00 Step (Beth)  6:00 TB/FB (Erin)	<b>9</b> 9:00 Yoga (Amy) 10:30 FF (Linda)	<b>10</b>
<b>11</b>	<b>12</b> 9:00 Step (Mary Nelle) 10:30 FF (Meredith) 6:00 KB/TB (Tina)	<b>13</b> 9:00 TB/FB (Allie)  6:00 Yoga (Amy)	<b>14</b> 9:00 Yoga (Vicky)	<b>15</b> 9:00 M/I Core (Allie)  6:00 Mix It Up! (Meredith)	<b>16</b> 9:00 TB (Lindsay) 10:30 FF (Vicky)	<b>17</b> 
<b>18</b> 	<b>19</b> 9:00 BARRE (Mary Nelle) 10:30 FF (Linda) 6:00 Mix It Up! (Ansley)	<b>20</b> 9:00 Step (Allie)  6:00 Yoga (Julie)	<b>21</b> 9:00 Yoga (Vicky)	<b>22</b> 9:00 Step/KB (Beth)  6:00 TB (Erin)	<b>23</b> 9:00 Bosu/TB (Allie) 10:30 FF (Meedith)	<b>24</b>
<b>25</b>	<b>26</b> 9:00 M/I Pump (Mary Nelle) 10:30 FF (Linda) 6:00 TB/FB (Ansley)	<b>27</b> 9:00 KB/Bosu (Allie)  6:00 Yoga (Vicky)	<b>28</b> 9:00 Yoga (Amy)	<b>29</b> 9:00 Mix It UP! (Allie)  6:00 Mix it Up! (Erin)	<b>30</b> 9:00 Step (Beth) 10: FF (Vicky)	<b>31</b>
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