
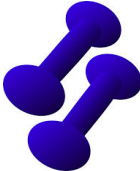



# Central Baptist Church Fitness Calendar

## June 2019

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|---|--|--|--|---|---|---|
|    |  |  |  |   |   | <b>1</b><br>9:00 Yoga<br>(Amy)  |
| <b>2</b>  | <b>3</b><br>9:00 KB/TB<br>(Allie)<br>10:30 FF(Linda)<br>6:00 Cardio Dance<br>(Suzy)<br>6:00 Yoga (Amy) | <b>4</b><br>9:00 M/I Core<br>10:15 Yoga<br>(Mary Nelle)<br>6:00 KB/TB<br>(Allie)<br>6:00 PIYO (Vicky)          | <b>5</b><br>9:00 Step/Sculpt<br>(Allie)<br>10:30 FF<br>(Meredith)  | <b>6</b><br>9:00 Cardio Dance<br>(Suzy)<br>10:15 Yoga<br>(Gail)<br>6:00 TB (Lindsey)<br>6:00 Barre (MN) | <b>7</b><br>9:00 TB<br>(Suzy)<br>10:30 FF<br>(Meredith)   | <b>8</b><br>9:00 PIYO<br>(Julie)  |
|    | <b>9</b>   | <b>10</b><br><b>Classes Canceled</b><br><b>VBS</b><br><br>6:00 Step/Sculpt<br>(Tina)<br><b>Yoga Canceled</b>   | <b>11</b><br><b>Classes Canceled</b><br><b>VBS</b><br><br>6:00 M/I Core<br>(Mary Nelle)<br><b>Yoga Canceled</b>        | <b>12</b><br><b>Classes Canceled</b><br><b>VBS</b>  | <b>13</b><br><b>Classes Canceled</b><br><b>VBS</b><br><br>6:00 TB (Lindsey)   | <b>14</b><br>9:00 TB<br>(Lindsey)<br>10:30 FF<br>(Linda)  |
| <b>16</b>   | <b>17</b><br>9:00 Turbo Kick<br>(Allie)<br>10:30 FF(Linda)<br>9:00 KB/TB<br>(Tina)<br>6:00 Yoga Amy)   | <b>18</b><br>9:00 KB/TB<br>10:15 Yoga<br>(Mary Nelle)<br>6:00 M/I Core<br><b>(Ansley)</b><br>6:00 PIYO (Julie) | <b>19</b><br>9:00 Step<br>(Beth)<br>10:30 FF<br>(Meredith)   | <b>20</b><br>9:00 TB/FB<br>(Beth)<br>10:15 Yoga<br>(Gail)<br>6:00 TB (Lindsey)<br>6:00 BARRE (MN)       | <b>21</b><br>9:00 M/I Core<br>(Lindsey)<br>10:30 FF<br>(Ansley)   | <b>22</b><br>9:00 Yoga<br>(Vicky)   |
|  | <b>23</b>  | <b>24</b><br>9:00 Step/Sculpt<br>(Beth)<br>10:30 FF(Linda)<br>6:00 M/I Core<br>(Suzy)<br><b>Yoga Canceled</b>  | <b>25</b><br>9:00 Step<br>(Mary Nelle)<br><b>Yoga Canceled</b><br>6:00 TB<br><b>(Ansley)</b><br><b>(Yoga Canceled)</b> | <b>26</b><br>9:00 TB/FB<br>(Beth)<br>10:30 FF<br>(Linda)  | <b>27</b><br>9:00 Cardio Dance<br>(Suzy)<br><b>Yoga Canceled</b><br>6:00 Step/Sculpt<br>(Mary Nelle)<br><b>BARRE Canceled</b> | <b>28</b><br>9:00 Bosu/TB<br>(Allie)<br>10:30 FF<br>(Meredith)  |
| <b>30</b>   |  |  |  |   |   | 5364 N.Broadway<br>688--1206<br>cbcf.org<br>Go to ministries:<br>activities ministry<br>choose calendar |